

# CURRICULUM OUTLINE

## AGES 3-4YR

### Goal:

To continue to build on class structure, following directions and taking turns along with building on ballet technique and tap technique using fun songs and props to help with gross motor skills.

Same as age 2-3yr plus:

### TAP:

- Shuffle Hop step ; in place and across the floor (irishes)
- Shuffle step
- Shuffle step changing feet, across the floor
- Ball change
- Toe taps in place without lifting foot off of the floor
- Help drops in place without lifting foot off of the floor
- Windshield wipers, toes right and left, heels right and left
- Open close toes &/or heels
- Toe tap in/out, right & left
- Introducing maxi ford

### BALLET:

- Third position
- Fifth position
- Passé across the floor, parallel and turned out
- Tendu back
- Third arabesque
- Skipping
- Saute, consecutively with arms bras bas
- Glisade to/from 1<sup>st</sup> position
- Battement devant
- Straddle stretch
- Cambre forward
- Ballet walks (toe, ball, heel)

# CURRICULUM OUTLINE

## AGES 4-5YR

Same as 2-4yr plus:

### TAP:

- Heel ballchange
- Shuffle ballchange
- Buffalo
- Flap/ flap walks
- Flap heel (traveling)
- Dig Heel, brush, step

### BALLET:

- All positions of the feet & arms
- Changement
- Glissades to/ from 5<sup>th</sup> position
- Pas de chat
- Introducing sauté arabesque
- Tendue passé, tendu close (1<sup>st</sup> or 5<sup>th</sup>)
- Pique pointes